

# WAKEFIELD PARKS & REC

**Wayne Robinson**

Director

wayne@wakefieldrec.com

**Alyssa Hall**

Program  
Coordinator

alyssa@wakefieldrec.com

522-9977

CHECK US OUT

ON THE WEB  
wakefieldrec.com



**Winter Flyer**

December - March  
2016/2017



## Father/Daughter 50's Style Sock Hop



**Friday, February 17<sup>th</sup> @ Paul School**

The juke box starts rockin at 6pm!

\$20 per couple

\$5 each additional daughter

*GREASE YOUR HAIR BACK. DRESS IN YOUR BEST POODLE SKIRTS & LEATHER JACKETS... WHATEVER MAKES YOU FEEL LIKE A COOL CAT.*

Dress for the 50's or dress for today, save the date either way!



Fathers & father figure stand in's welcome!

**DINNER, DANCING, & MEMORIES**

**TICKETS MUST BE PURCHASED NO LATER THAN JANUARY 27<sup>TH</sup>**



## Baseball & Softball

Sign-ups will be held from

**March 6<sup>th</sup> - 17<sup>th</sup>**

*Early Bird Fees*

### Softball

Age by January 1<sup>st</sup> 2017

10 & under ~ \$50

12 & under ~ \$50

14 & under ~ \$75

Cal Ripken ~ \$65

Age by May 1<sup>st</sup> 2017

Rookies (6, 7, 8 year olds)

Minors (9 & 10 year olds)

Majors (11 & 12 year olds)

### Babe Ruth

Age by May 1<sup>st</sup> 2017

13-15 year olds ~ \$75

16-18 year olds ~ \$75

**ANY SIGN-UPS TAKEN AFTER MARCH 10<sup>TH</sup> WILL BE CHARGED AN ADDITIONAL \$10.**

**NO REGISTRATIONS WILL BE ACCEPTED AFTER MARCH 17<sup>TH</sup>!**

## After School Program Session II

We will begin sign-ups for session II of A.S.P. on Dec. 1<sup>st</sup>. Registration will remain open until all 20 spots have been filled.

**Monday - Friday 3:15-5:30pm**

**Students in 1<sup>st</sup> - 6<sup>th</sup> grade**

**1 FULL TIME CHILD - \$50 PER WEEK**

**2 FULL TIME CHILDREN - \$90 PER WEEK**

**1 PART-TIME STUDENT - \$15 PER DAY**

Transportation will be provided to and from Paul School daily. Students will have time to wind down from school, play games, & work on homework. Snacks will be provided daily.

ASP will be closed on school holidays, teacher workshop days, & snow days. We will be open on early release days at the regular daily rate.

## Christmas tree Lighting

Kick off the holiday season with Parks & Rec as we light the new community tree. Enjoy caroling, hot chocolate, & flashlight candy cane hunt. A special visitor from the North Pole will be here too!

**Friday, December 2<sup>nd</sup>**

**6PM @ Turntable Park**

**Don't forget your flashlights!**

## Breakfast with Santa

Come down and enjoy a free pancake breakfast, craft tables, & some amazing raffles! Hosted by Friends of Wakefield Parks & Rec. All proceeds go to the Wakefield Parks & Rec programs.

**Saturday, December 3<sup>rd</sup>**

**9am-1pm @ the Paul School**

*More info available on our website!*

### Ski & Snowboard Program

Join us this winter for a six week ski & snowboard program. We welcome all Wakefield Students in grades 5th – 9th. This program is a learn to ski package. Every week participants will be given a lesson by an experienced ski instructor. The remaining time will be allotted for free skiing.

January 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup> February 3<sup>rd</sup>, & 10<sup>th</sup> (Make-up February 17<sup>th</sup>)

**SIX WEEK SKI/SNOWBOARD PACKAGE WITH NO RENTALS @ \$100**

**SIX WEEK SKI PACKAGE WITH RENTALS @ \$145**

**SIX WEEK SNOWBOARD PACKAGE WITH RENTALS @ \$175**

**Sign-ups will be held from November 1<sup>st</sup>– 30<sup>th</sup>  
Space is limited to the first 50 REGISTERED participants**



A 50% deposit is due by December 16<sup>th</sup>.

The program needs to be paid in full before the last ski night. (February 11<sup>th</sup>)

### Celtics Tickets

We have 25 tickets to the Celtics vs.

Brooklyn Nets game on

**Monday, April 10<sup>th</sup>**

*Bus leaves the rec @ 4:30pm*

**The price per ticket is \$55.**

**-Promenade Section-**

Tickets are sold on a first come first serve basis. Stop by the Rec to reserve your spot today!



### T-ball

This is an introductory program for children that want to learn the basics of t-ball. The program is open to any 4 & 5 year olds born on or before May 1<sup>st</sup>, 2017. This is an in-house league and all games and practices will be held in Wakefield twice a week.

*Days and times TBD*

**Registrations will be held**

**March 6<sup>th</sup> – April 14<sup>th</sup>**

**\$25 per person**

**NO SIGN-UPS WILL BE TAKEN AFTER APRIL 14<sup>TH</sup>.**

### February Vacation Camp

Join WPR during February Vacation for a week of FUN, entertainment and adventure! A complete listing of activities will be available @ wakefieldrec.com

**Grades 1<sup>st</sup> – 6<sup>th</sup>**

**February 27<sup>th</sup> – March 3<sup>rd</sup>**

**\$125 for the week**

**\$30 per day**

*Sibling discounts available*

*8:30am-4:30pm*

*Min. of 12 participants ~ Max 20*

**REGISTER TODAY!**

### Safe Sitter Course

Ages 11-15

Safe Sitter classes prepare young adolescents to be safe, nurturing babysitters. Students will receive hands on training in areas such as child care essentials and safety for the Sitter. Class includes workbook and completion card. Please pack a lunch.



**Saturday, March 18<sup>th</sup>**

**9am-4pm @ the Rec Office**

**\$45 per person**

**Space is limited to the first**

**8 registered participants.**

**Pre-registration is required.**



## Karate

The session will include Karate, self-defense, Asian Martial Arts Terminology, History, & a noncompetitive study of Martial Arts.

**\$35 FOR 8 WEEKS**

**FIRST CLASS FOR NEW STUDENTS IS A FREE TRIAL!**

**Session 1:** 6pm-7pm (Kindergarten – 12 years)

**Session 2:** 7pm-8pm (Adults, Teenagers, & Families)

**Classes held @ the Rec**

Start anytime! Instructor will pro-rate and classes are ongoing throughout the year



## Ice Fishing Derby

Back again this winter is our Annual Ice Fishing Derby! There will be prizes for several categories and lots of raffles & giveaways!

**Saturday, February 25<sup>th</sup>**

**\$15 entry fee for participants 16 & up**  
**\$5 entry fee under 16**

Weigh-in 4pm @ the Rec Office  
- 132 Meadow Street -

## SOLO First Aid & CPR Course

SOLO First Aid provides students with the concept of prevention from common first aid problems to the skills to safely assess an emergent scene, as well as, how to protect oneself when dealing with a patient, narrowing down the possible problem, and providing temporary treatment until EMS arrives. The curriculum for SOLO Basic CPR AED satisfies the requirements for CPR training according to the latest ECC/ILCOR and American Heart Association guidelines. The SOLO CPR curriculum exceeds the American Heart recommended guidelines.

**Saturday, March 25<sup>th</sup>**

**@ Parks & Rec**

**Two year certification**

**CPR: 9AM-11AM (\$35 PER PERSON)**

**FIRST AID: 11:30AM-2:30PM (\$60 PER PERSON)**

**TAKE ONE OR BOTH COURSES**

**AGES 12 – ADULT**

**Space limited ~ Pre-registration required**



## Holiday Shopping

We invite you out to a day of Christmas Shopping. Cabela's, Christmas Tree Shop, the Maine Mall, & Hometown Buffett for lunch. Participants will be responsible for the cost of their lunch and their shopping expenses.

**\$5 PER PERSON**

**Thursday, December 1<sup>st</sup>**

**THE BUS WILL LEAVE FROM THE REC @9AM**

**SPACE IS LIMITED PRE-REGISTRATION REQUIRED**

## Celtic Women

Global music sensation Celtic Woman returns to Merrill Auditorium. Celtic Woman's evocative, uplifting music has transcended national and cultural borders to touch the hearts of a devoted fan base than spans the globe.

**Sunday, April 9<sup>th</sup>**

**\$55 per person**

**Bus leaves the Rec @ 1pm**

**Space is limited**

**Pre-registration required**



## Senior Meals & Bingo

Come enjoy the company of old and new friends with a delicious meal and a game of Bingo.

**Monday – Wednesday – Thursday**

**Bingo @ 9am ~ Lunch @ 12 noon**

**Greater Wakefield Resource Center**

**\$3 donation requested**

*EVERYONE is welcome for the meal, for those who have not yet reached 60 the suggested donation is \$5.00.*

Monthly menus are posted on [www.greaterwakefieldresourcecenter.webs.com](http://www.greaterwakefieldresourcecenter.webs.com)

or call Laurie to have one emailed to you. **Contact: Laurie**

**gwrc@roadrunner.com**

**(603) 473-8324**



*Celtic Woman*



### Polar Express Party

All aboard! The Gafney Library invites you to hop aboard the Polar Express at the Youth Library for a Polar Express Party. This family holiday event will take place on **December 10, 10-11:00AM**, and will include a reading of Chris Van Allsburg's "The Polar Express", songs, activities, a craft, and tasty treats! Call the library at 522-9735 to reserve a seat. **For more information drop by the library on High Street or call the library at 522-9735. www.gafneylibrary.org.**



### Chair Yoga

Don't let the world of yoga intimidate you, come try Chair Yoga. Chair yoga is for everyone no matter what condition you are in.

You will learn breathing techniques for a healthy immune system. Yoga postures will be practiced seated on a chair and standing using the chair for support.

**TUESDAY'S 8AM-9AM  
& THURSDAY'S 1:15-2:15PM  
@ UNION RESOURCE CENTER  
\$5 PER CLASS**

### Yoga

Yoga classes enhance your posture, coordination and mental focus by improving your flexibility, strength and balance. Let the yoga poses and breath work help quiet the chatter of daily life and relieve stress. Leave feeling rejuvenated.

**TUESDAYS 6PM-7PM@THE  
PARKS & REC BUILDING  
\$10 PER CLASS OR  
\$60 FOR AN 8 SESSION PUNCH CARD  
DROP-IN'S WELCOME  
DON'T FORGET YOUR YOGA MATS!**



- 7/8 Home Games**
- 11/29 B 5pm G 6pm
  - 12/5 G 5:30 B 6:30
  - 12/8 G 5pm B 6pm
  - 12/14 G 5:30 B 6:30
  - 12/15 G 5:30 B 6:30
  - 1/4 G 5:30 B 6:30
  - 1/5 G 5:30 B 6:30
  - 1/17 G 5pm B 6pm
  - 2/8 G 4pm B 5pm

Come support your local basketball teams! All games are played @ the Paul School.

### How to Watch a Good Program Die

Nothing kills a recreation program faster than residents who wait until the last minute to register. There is a point when a program must be canceled or modified if there is insufficient registration. All programs require a high level of coordination. In order for us to host quality sports programs, special events, and classes **please keep an eye out for deadlines and cut off dates.** We request that you register for activities at least two weeks prior to the program start date, unless otherwise noted. Don't let a good program fail. *Please register early!*

### Policies

The Rec Department reserves the right to cancel any program, event, or activity due to insufficient registration or for any other reason preventing a quality activity. No refunds, credits, or transfers will be issued after the first day of the class or program. Full refunds or credits may be granted prior to the start date of a class or program.

**WE ARE ALWAYS LOOKING FOR NEW IDEAS FOR TRIPS, EVENTS, AND ACTIVITIES. FEEL FREE TO SHARE YOURS WITH US!**



**WAKEFIELDREC.COM**



# FACILITIES



**Rec Office**

132 Meadow Street - Sanbornville



**Lovell Lake Town Beach**

Swimming, picnicking, playground, & bathhouse.

2017 Wakefield Road Sanbornville

**No lifeguard on duty at our beaches. *Swim at your own risk.***



**John Garvin Municipal Playground**

1 High Street - Sanbornville



**Ballpark Complex** – Playground, basketball court, skate park, disc golf course - 1488 Wakefield Road - Sanbornville



**Turntable Park** – Basketball court, Summer Shows, & Cotton Valley Trail  
132 Meadow Street - Sanbornville



**Lake Ivanhoe Boat Launch**

14 Dearborn Road - E. Wakefield



**Ames Park** – Swimming & Picnicking

204 Bonnyman Road – E. Wakefield



**Lovell Lake Boat Launch**

Witchtrot Road Sanbornville



**Weeks Beach & Park** – Picnicking & swimming, launch your kayak or canoe onto Great East Lake. - 138 North shore Drive E. Wakefield



# Wakefield Parks & Recreation

## MEDICAL/EMERGENCY INFORMATION

Circle One  
Youth or Adult

Participant's Name: \_\_\_\_\_ Sex: M \_\_\_ F \_\_\_ Shirt Size: S M L XL

Birth date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Mailing Address (if different than above): \_\_\_\_\_

List Two Emergency Contact Phone Numbers:

(1) **Parent/Guardian**, First and Last Name: \_\_\_\_\_ Home # \_\_\_\_\_

\_\_\_\_\_ Cell/Work \_\_\_\_\_

(2) Second Person, First and Last Names: \_\_\_\_\_ Home# \_\_\_\_\_

\_\_\_\_\_ Cell/Work# \_\_\_\_\_

State relationship to athlete: \_\_\_\_\_  
(i.e. grandparent, neighbor, etc.)

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Allergies (i.e. bee stings): yes \_\_\_ no \_\_\_ To What? \_\_\_\_\_

Allergies to medications: yes \_\_\_ no \_\_\_ To What? \_\_\_\_\_

List Medical Conditions (i.e., wears contact lenses, glasses, braces, etc.)

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I understand that there are risks of physical injury inherent in participating in sports and recreation activities I understand that the town of Wakefield does not carry health or accident insurance for participants of its programs and strongly advise participants to carry adequate coverage for themselves and their family. I am aware of and have considered the risks of this program before registering my child or children. I hereby release the Town of Wakefield, its employees, volunteers and agents from any liability of personal injury, loss or damage to personal property, which my child or myself may experience in connection with activities sponsored by the Wakefield Parks and Recreation Department. Hereby consent to any medical procedures, including transportation to a medical facility, for my child in case I cannot be reached and my child has sustained an injury. I also consent to the use of my Childs photo, video, etc. by the department for flyers, presentations, etc.

I understand this informed consent from and agree to its conditions on behalf of my child/self:

\_\_\_\_\_  
Parent/Guardian/Self Signature

\_\_\_\_\_  
Date

**E-Mail Address** \_\_\_\_\_