

SAFETY @ THE MOUNTAIN



How To
Contact
SKI PATROL:

603.737.4300 DIRECT CALL TO FIRST AID

- REPORT TO ANY LIFT ATTENDANT OR GUNSTOCK EMPLOYEE.
- > TELL AN ADULT YOU NEED HELP! CARRY A TRAIL MAP, AND TRY TO KNOW WHICH TRAIL YOU ARE ON.

YOUR RESPONSIBILITY CODE

- 1 Always stay in control. You must be able to stop or avoid people or objects.
- 2 People ahead or downhill of you have the right-of-way. You must avoid them.
- 3 Stop only where you are visible from above and do not restrict traffic.
- 4 Look uphill and avoid others before starting downhill or entering a trail.
- 5 You must prevent runaway equipment.
- 6 Read and obey all signs, warnings and hazard markings.
- 7 Keep off closed trails and out of closed areas.
- **8** You must know how and be able to load, ride and unload lifts safely. If you need assistance, ask the lift attendant.
- 9 Do not use lifts or terrain when impaired by alcohol or drugs.
- 10 If you are involved in a collision or incident, share your contact information with each other and a ski area employee.

Know and Obey the Code. It's Your Responsibility.

If you need help understanding the Code, please ask an employee.







LINKS... FOR SAFETY EDUCATION

Visit www.nsaa.org

At the top of the page, click SAFETY

Educational topics include:

- Collision Safety (A parent should watch the video first before younger children)
- ➤ Lift Safety
- Kids on Lifts
- Helmet Safety
- > Terrain Park Safety
- ➤ YOUR Responsibility Code Link to YouTube video:

https://www.youtube.com/watch ?v=k1EgIfMag7k









More difficult ("intermediate")

Most difficult ("expert")

Most difficult, use extra caution ("expert only")

Terrain park ("freestyle terrain")