



# Rochester Youth Hockey

## 8<sup>th</sup> Annual Free Intro to Hockey Clinic

FREE GIRLS AND BOYS INTRO TO HOCKEY CLINIC  
September 22<sup>nd</sup>, 23<sup>rd</sup> and 24<sup>th</sup> - At the Rochester Arena

### Clinic Overview:

Rochester Youth Hockey (RYH) is pleased to be hosting our 8<sup>th</sup> annual **Free Intro to Hockey Clinic**. This clinic offers children, ages 4 thru 8, who have never played hockey or even skated before, an opportunity to try this great sport. Our goal is to give the children a fun first-time hockey experience while still learning fundamental skills.

The clinic is limited to 50 participants and will provide **FREE** use of all equipment including skates, stick and a jersey.

On-ice instruction is led by RYH Coaches and will include fun activities to get the children comfortable on the ice. RYH Board Members will be at the arena, throughout the clinic, to answer any questions that you may have about the clinic, hockey in general or about any of the 2017/2018 RYH programs that we offer.

As in previous years, we had a strong turnout in 2016 and many of the first time players used their new hockey skills to progress onto higher level teams. RYH strongly believes that the Intro Program gives first-time players a solid foundation and confidence to advance.

### Clinic Dates, Times & Schedule:

#### Friday, September 22<sup>nd</sup>

4:00-4:45 PM Check-in

5:00-5:50 PM On-ice instruction led by RYH Coaches

Pizza Party immediately following the ice session

#### Saturday, September 23<sup>rd</sup>

10:00-10:50 AM On-ice instruction led by RYH Coaches

#### Sunday, September 24<sup>th</sup>

10:00-10:50 AM On-ice instruction led by RYH Coaches

During and after the last session, registration will be open for RYH Intro to Hockey sign ups

### Who can attend?

Boys and girls ages 4-8 who are new to hockey.

### Cost?

**IT'S FREE!!** We do, however, ask for a deposit for the Learn-to-play EQUIPMENT package provided by RYH through Pure Hockey. Deposits are \$180.00\* for the 4 to 6 year old package and \$200.00\* for the 7 to 8 year old the package.

**\*Please note that the equipment package typically fits these age groups, however if your child doesn't fit into the standard equipment packages additional cost may apply.**

If after the clinic your child joins RYH, you simply keep the equipment. If your child does not sign up for a RYH program, the Deposit will be returned once all equipment has been returned to RYH.

If you only need certain equipment, the deposit will be adjusted accordingly.

If you are interested, please email Rene St. Pierre at [renestpierre@yahoo.com](mailto:renestpierre@yahoo.com) to reserve your child's spot. Remember, the clinic is limited to the first 50 participants and the slots do fill up quickly.

Once your child is on the list, you will receive additional information including the schedule for your child's equipment fitting.